



FRUIT & NUT *Granola*

Bake at 325°F • Bake Time: 15 Minutes

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| 3 - 4 Cups Oats | ¼ Cup Honey |
| 1 Cup Shredded, Unsweetened Coconut | 2 Tbsp. Brown Sugar |
| 1 Cup Nuts & Seeds (Cashews, Almonds, Pumpkin Seeds, Sunflower Seeds, Flax Seeds) | 1 Tsp. Vanilla or Almond Extract |
| ½ Cup Dried Fruit (Cherries, Dates, Cranberries) | ½ Tbsp. Cinnamon |
| ¼ Cup Coconut Oil, melted | ½ Ginger |
| | 1 Tsp. Salt |

Put all ingredients in a large mixing bowl. Mix together until well incorporated and oats are well coated. Pour out onto a jelly-roll pan and spread out evenly. Bake at 325° for 15 minutes, turning granola with a spatula every 5 minutes (so the edges don't burn). Remove from the oven, cool and enjoy!

emelia  *bird*

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